



## Area 9 Capital Region – Quick Reference Guide

City of Richmond. Counties of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent & Powhatan.

This listing is grouped by category and does not list all the services provided by an agency. Some services have eligibility requirements and some are contingent upon funding availability.



Access this Quick Reference Guide & the statewide Employment Resource Guide at: [www.vwn.virginia.gov](http://www.vwn.virginia.gov) On the left side click on: Where to Go for Employment Assistance?

For other services/information not listed Call 211 or go to the website: [www.211virginia.org](http://www.211virginia.org)

### EMPLOYMENT

#### Career Counseling & Employment Resources

Capital Region Workforce Center	Sandston	804-226-1941
	Chesterfield	804-271-8510
	Midlothian	804-675-9910
	Richmond	804-321-5690
	Richmond (Dislocated Workers only)	804-273-6260
Metro Richmond North/VEC		804-559-3133
Hopewell/Tri-Cities/VEC		804-541-6548

#### Career Education & Training

Capital Area Training Consortium	Sandston	804-226-1941
	Chesterfield	804-271-8510
Adult Career Dev. Center	Richmond	804-780-4388
J Sargeant Reynolds Community College		804-371-3000
	Parham Road	804-523-5368
John Tyler Community College	Chester	804-796-4000
	Midlothian	804-594-4000
Technical Center	Chesterfield	804-768-6160
	Highland Springs	804-328-4075
	Hermitage – Henrico	804-756-3020
Goodwill Industries	Colonial Heights	804-520-7122
	Mechanicsville	804-417-6700
Job Corps (ages 16 – 24)		804-340-5540
Dept of Labor and Industry Apprenticeship		804-371-3104
	Hanover/Henrico	Ext. 127
	All others	Ext. 126

#### Adult Education & Literacy/Tutoring

Public Schools by County:	Charles City	804-829-9219
	Chesterfield	804-748-1405
	Goochland	804-556-5602
	Powhatan	804-598-5714
	New Kent	804-966-2771
	Henrico	804-226-1941
Tri-City Literacy Council	Petersburg	804-862-9262

#### Workforce Support Services

Dept. of Rehabilitative Services	Henrico	804 662-7000
	Richmond	804-367-9876
	Chesterfield	804-674-2356
Dept. for the Blind & Vision Impaired		804-371-3353
Dept. for the Deaf and Hard Of Hearing		804-662-9502
Deaf & Hard of Hearing Outreach Specialist		804-662-9701
AT Equipment Recycling	Goodwill	804-521-4916
Community Work Incentives Coordinator		804-731-0130
Disability Program Navigator		804-271-8510
Ex-Offender Svs:	OAR of Richmond	804-673-2746
	OAR of Petersburg	804-862-6414
Job Accommodation Network		800-526-7234
Refugee/Immigration		Call 211
Resources for Independent Living	Richmond	804-353-6503
	Chesterfield	804-743-3798
	Charles City	804-829-9397
Sign Language Interpreters		800-552-7917
Telamon - Farmworkers Services		804-355-4676
Woodrow Wilson Rehabilitation Center		540-332-7000
VA Relay - Communication Deaf/Hard of Hearing		Call 711
Virginia Assistive Technology System (VATS)		800-435-8490

#### Senior Employment Services

Senior Connections/Capital Area Agency on Aging		804-343-3000
AARP		804-819-1902

#### Youth Employment Services

Ashlin Management Group	Chesterfield	804-271-8510
	Sandston	804-226-1941
William Byrd Community House		804-643-2717
Americorps		804-646-7000

#### Unemployment Assistance and Benefits

VA. Employment Commission	Metro North	804 559-3133
	Hopewell/Tri-Cities/VEC	804-541-6548
VEC Customer Contact Center		866-832-2363

#### Veterans Employment and Benefit Services

Veterans Representative	Metro North	804-559-3133
	Hopewell/Tri-Cities/VEC	804-541-6548
Veterans Claims Office	Richmond	804-786-2261
VA McGuire Medical Center	Richmond	804-675-5000
VA Dept. of Veteran Services	Richmond	804-786-2261
American Legion	Richmond	804-353-6606
Disabled American Veterans	Statewide	540-206-2575
Dept of Veterans Affairs	Statewide	800-827-1000
Veterans of Foreign Wars	Statewide	800-888-3521
Virginia Wounded Warrior Program		877-832-6997
Virginia Veteran Honorary HS Diploma		804-225-2924

### EMERGENCY / MENTAL HEALTH SERVICES

#### Adult Protective Services

(Elderly or Adults with a Disability)		888-832-3858
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#### Crisis/Help Hotlines

Suicide Hotline		800-784-2433
24 Hour Crisis Line		804-748-6356
Family Lifeline Teen Crisis Line		804-329-0079
National Runaway Switchboard		800 621-4000
Virginia Missing Children's Clearinghouse		800 822-4453
Nat'l Suicide Prevention Lifeline (Vets press '1')		800-273-8255

#### Domestic Violence

Safe Place Hanover		804-752-2702
Henrico Safe Harbor		804-287-7877
Safe Harbor	Richmond	804 249-9470
YWCA	Richmond	804 643-0888
YWCA	Chesterfield/Tri-Cities	804-796-3066
Powhatan/Goochland Domestic Violence		804-598-8510
Quin River Agency for Community Action		804 966-5020
Virginia Sexual & Domestic Violence Hotline		800-838-8238
Dept. of Social Services		(See Social Services)

#### Mental Health Services

Community Services Boards:	Charles City	804-966-5959
	Chesterfield	804-748-1227
	Goochland	804-556-5400
	New Kent	804-966-5959
Deaf & Hard of Hearing Counseling Svcs.		804-282-1943

#### Substance Abuse/Prevention

Alateen		804-353-4885
Al-anon Family Group		888-425-2666
Alcoholic's Anonymous		804-355-1212
Drug & Alcohol Services		804-355-8478

